



Are you... **exhausted** for no reason?
Do you... **feel cold** all the time?
Is your... **skin extra dry**?
Is your... **hair coming out** more than it should?
Have you... **put on weight** that just won't shift?
Do you... **feel a bit dizzy** sometimes?
Do you... **have painful joints**?

It may be that you are suffering from an
Underactive Thyroid

Do You Have Questions to Ask?

We provide **information** and **resources** to promote
effective diagnosis and **appropriate** treatment
for people with thyroid disorders in the UK

Join Our Online Community:
www.healthunlocked.com/thyroiduk

Visit Our Website:
www.thyroiduk.org



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Registered Office: 32 Darcy Road, St Osyth, Clacton-on-Sea, Essex CO16 8QF
Registered Charity Number: 1125270



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